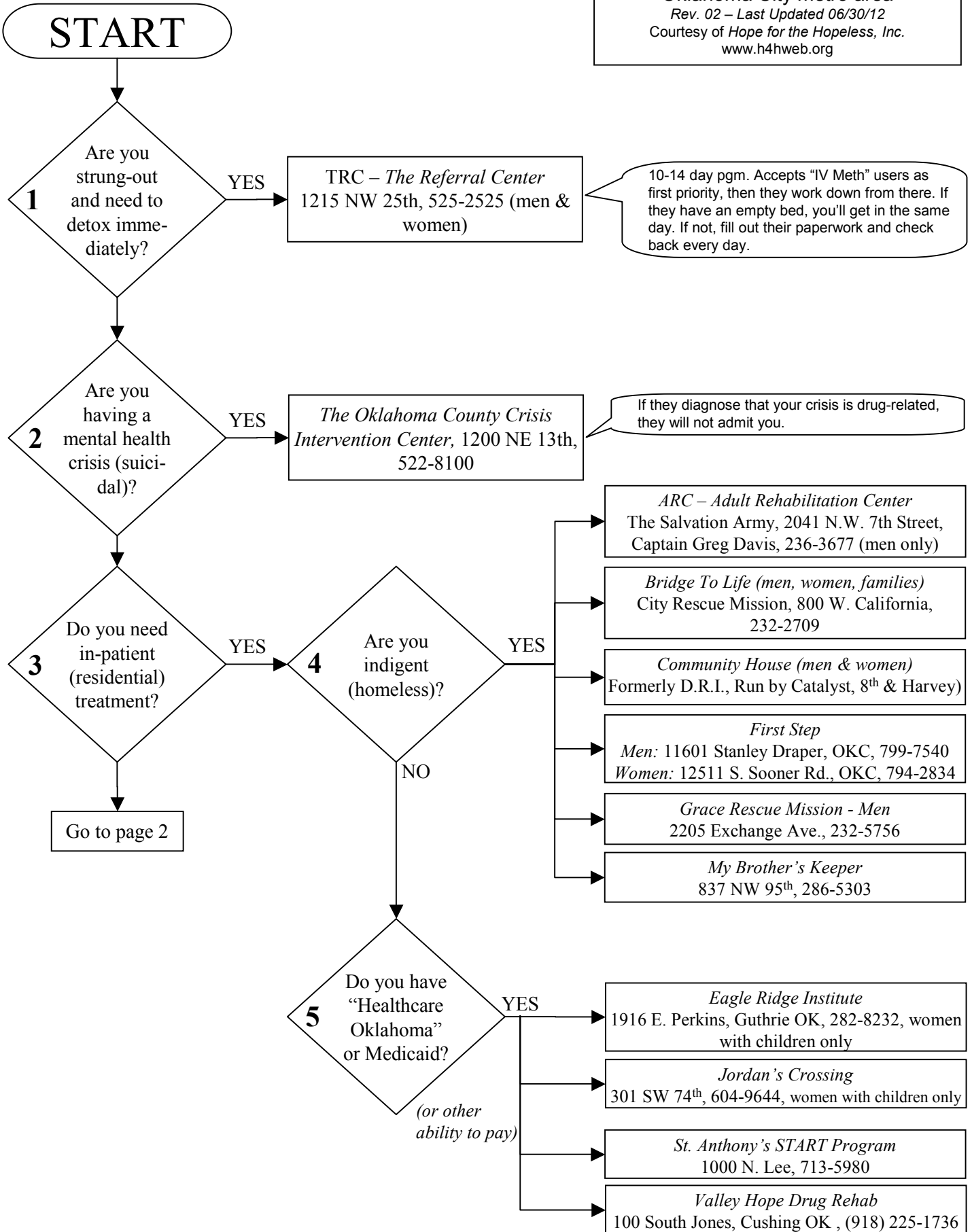


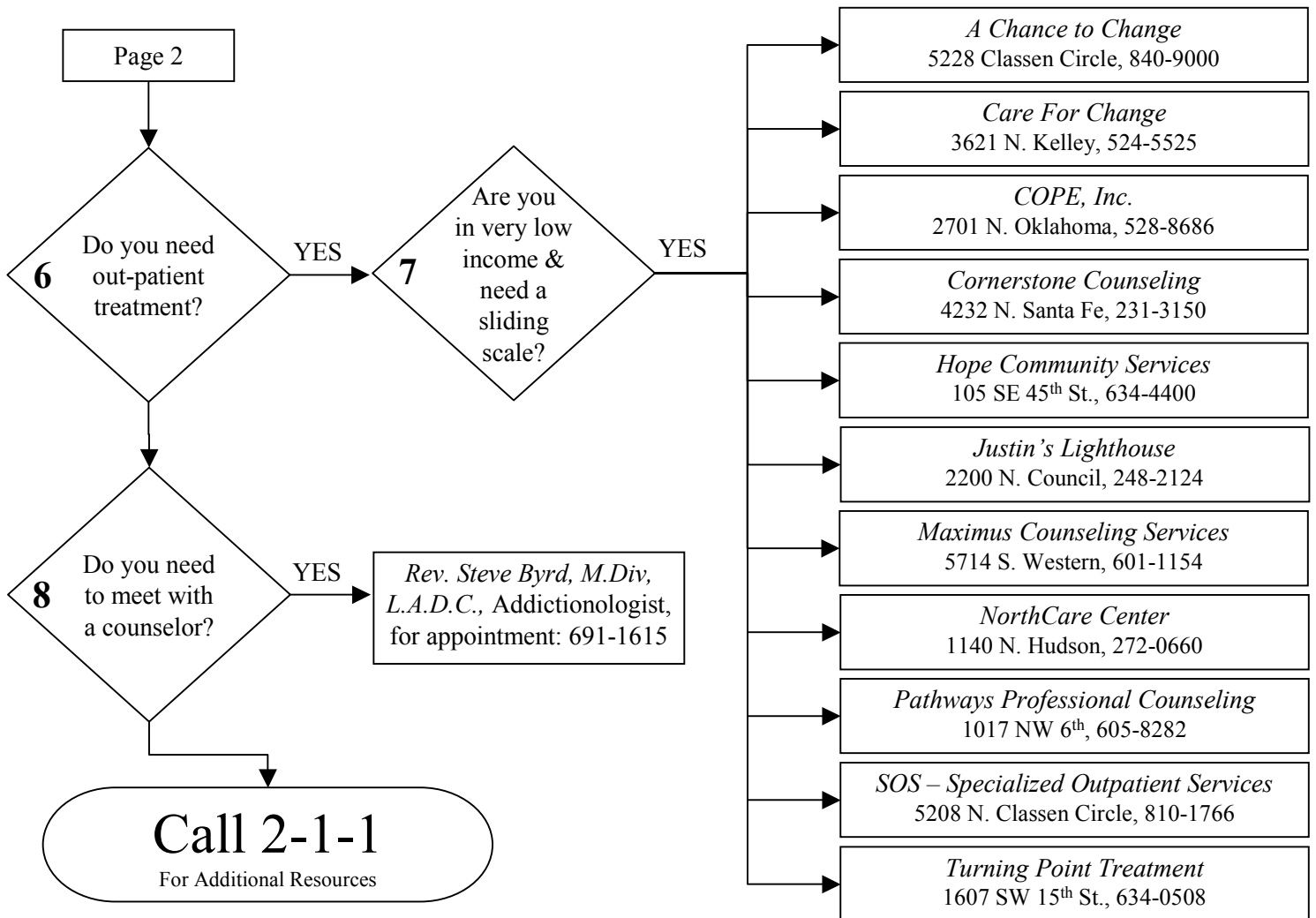
A Roadmap to Treatment & Recovery in OKC

RESOURCE FOR ADULTS IN OKLAHOMA COUNTY or the Greater Oklahoma City metro area
 Rev. 02 – Last Updated 06/30/12
 Courtesy of Hope for the Hopeless, Inc.
 www.h4hweb.org



10-14 day pgm. Accepts "IV Meth" users as first priority, then they work down from there. If they have an empty bed, you'll get in the same day. If not, fill out their paperwork and check back every day.

If they diagnose that your crisis is drug-related, they will not admit you.



Sober Living Houses & Programs (partial list)

- a. *Justin's Lighthouse*, 2200 N. Council, 248-2124, Dr. Miles Lews, (men & women)
- b. *Oxford House*, many locations in OKC (men, women, women w/ children), www.oxfordhouseok.org
- c. *Providence Sober Living Apartments*, 2425 NE 10th St., Reva Coby, 424-2547 (men & women)
- d. *Serenity Outreach Recovery Community*, Pastors Ronald & Wilma Scott, 557-1910 (men & women)
- e. *SOS Sober House for Women ("Amethyst House")*, James Patterson, 205-8251
- f. *Turning Point*, 2425 NE 10th St., 424-2547 (men & women)
- g. *Ubuntu Living*, Kenny Fikes, apply online at www.ubuntuliving.org (men only)

Support Groups & Programs (partial list)

- a. **AA Hotline:** 524-1100.....**NA Hotline:** 524-7068
- b. *Celebrate Recovery*, church-based, many locations in OKC metro area, go to www.celebraterecovery.com, then click *Group Finder*, then click *Oklahoma*.
- c. *OCARTA: Oklahoma Citizen Advocates for Recovery and Treatment Association*, Donna Woods, 2808 NW 31st, 848-7555

A GREAT RESOURCE!

The *Oklahoma Department of Mental Health and Substance Abuse Services* (ODMHSAS) offers the ODMHSAS Yellow Pages, a 77-page resource that gives every drug treatment program in Oklahoma, by geography, by type, etc., with payment options and other vital info. You can access it for free online at www.odmhsas.org/yellowpages.pdf.